



Caribbean  
Association for  
Rheumatology

Committed to the  
Advancement of  
Rheumatology



**THE 8<sup>TH</sup> ANNUAL CAR MEETING**  
**MAY 4 - 6, 2017**  
**RENAISSANCE CURAÇAO**

# **CARIBBEAN ASSOCIATION FOR RHEUMATOLOGY**

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## **CAR 2016, TRINIDAD**

The Caribbean Association for Rheumatology is committed to improving the care of patients with rheumatic diseases in the Caribbean. It is a professional organization with a primary goal of uniting rheumatologists and allied health professionals in the advancement of rheumatology through collaborative research, education and advocacy at local and regional levels.

## President's Address

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Welcome to the 8th annual Caribbean Association for Rheumatology (CAR) conference.

We are delighted to partner with NASKHO this year as we reach out to the Netherlands Antilles. Our mission is to collaborate to improve care for all patients with rheumatic disease across the Caribbean and so, we have included in our program, for the second time, a segment for teaching rheumatology to non-rheumatologists. We will also have workshops to develop 'Shared care' guidelines.

We are pleased to have the Scottish Rheumatology Ultrasound Group (SRUG) with us for what we believe is the beginning of a meaningful relationship and training in musculoskeletal ultrasound to enhance our diagnostic and therapeutic capabilities. We have eminent faculty from around the world and we know we can look forward to another wonderful experience of sharing scientific knowledge, unique experiences and friendship under the Caribbean sun.

Thank you so much to the team of the executive committee, other directors, management team (SMTC), Dr. Bakir, NASKHO and sponsors for making CAR in Curaçao a reality. Heartfelt thanks to each one of you here who has supported CAR through these formative years, at your own expense, giving your time and effort selflessly. You are appreciated.

Please relax and enjoy.

**Amanda King**

President, CAR

## **Michelle Petri MD, MPH — Keynote Speaker**

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**Michelle Petri, M.D.** is a Professor of Medicine at the Johns Hopkins University School of Medicine. She attended medical school at Harvard University and fulfilled her internal medicine residency at the Massachusetts General Hospital. In addition, she completed two fellowship programs at the University of California, San Francisco in allergy and immunology and rheumatology. Dr. Petri is the Director of the Hopkins Lupus Cohort, a longitudinal study of morbidity and mortality in systemic lupus erythematosus, and Co-Director of the Hopkins Lupus Pregnancy Center.

## **Grace C Wright, MD, PhD — Keynote Speaker**

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**Grace C. Wright, MD, PhD** is a clinical Associate Professor of Medicine and Attending Rheumatologist at the New York University (NYU) Langone Medical Center in New York City. Dr. Wright received her undergraduate degree at Barnard College, Columbia University, graduating magna cum laude in 1983, and earned her medical and doctorate degrees at NYU School of Medicine in 1990. She completed an internship and residency in internal medicine and a fellowship in rheumatology at the NYU Medical Center. Dr. Wright has research and clinical interests in the management and treatment of Rheumatoid arthritis and other rheumatic diseases, Osteoporosis, and Systemic Lupus Erythematosus. She has served as a principal or co-principal investigator of several clinical trials. She is a founding member and President of the Association of Women in Rheumatology and is a fellow and member of the American College of Rheumatology.

## CONFERENCE AGENDA

### Thursday May 4<sup>th</sup>

**04:00 – 04:30pm**     **REGISTRATION**

**04:30- 07:00pm**     Musculoskeletal Ultrasound Workshop  
*by the Scottish Rheumatology Ultrasound Group (SRUG)*  
Nicola Alcorn and Mhari Brandon

**08:00 – 10:30pm**     **COCKTAIL RECEPTION**

### Friday May 5<sup>th</sup>

**Session Chairperson:** Sharon Dowell  
**Rheumatic Disease: The Caribbean Experience**

**08:00 - 08:10am**     Welcome and Introduction     Dr. Nagy Bakir  
*Curaçao*

**08:10 – 08:15am**     President's Address     Dr. Amanda King  
*St. Lucia*

**08:15 – 08:30am**     Welcome Remarks     Roland Antonius  
*Curaçao*

**08:30 – 09:00am**     Immunology in Rheumatology     Prof. Ashley Duits  
*Curaçao*

**09:00 – 09:30am**     What Have We Learned from  
Biologic Therapy?     Dr. Jose A. Herrera  
*Spain/Panama*

**09:30 – 10:00am**     Infection with Biologics: How to  
Prevent and How to Treat     Dr. Nagy Bakir  
*Curaçao*

**10:00 – 10:30am**     **COFFEE BREAK**

**10:30 – 11:00am**     Inflammatory Myopathy and  
Related Issues     Dr. Ingemar Merkies  
*Curaçao*

**11:00 – 11:30am**     Antisynthetase Syndrome in  
Martinique and the French West  
Indies     Dr. Christophe Deligny  
*Martinique*

**11:30 – 12:00pm**     Management of Scleroderma: The  
Bahamian Experience     Dr. Vincent Nwosa  
*Bahamas*

**12:00 – 01:00pm**     **LUNCH BREAK**

**Friday May 5th cont.**

**Session Chairperson: Amanda Greenidge-King**  
**Rheumatoid Arthritis: The Caribbean Experience**

**12:30 – 01:00pm** REGISTRATION

<b>01:00 – 01:30pm</b>	Update on Juvenile Idiopathic Arthritis	Dr. Nicole Johnson <i>Canada</i>
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<b>01:30 – 02:00pm</b>	RA, Results from the Ethnic Minority Consortium	Prof. Gail Kerr <i>USA</i>
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<b>02:00 – 02:30 pm</b>	Rheumatic Care by the DAS Working Party	Dr. Richard Van Vugt <i>The Netherlands</i>
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**02:30 - 03:00pm** **COFFEE BREAK**

<b>03:00 – 03:45pm</b>	Keynote Speaker Signal Transduction and the New JAK Agents for Rh. Arthritis	Prof. Grace Wright <i>USA</i>
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<b>3:45 - 04:45pm</b>	Workshop: Shared Care for Rheumatic Arthritis in the Caribbean	Dr. J. Steuart Richards <i>USA</i>
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<b>04:45 – 05:00pm</b>	Closing Remarks	Dr. Nagy Bakir <i>Curaçao</i>
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**06:00 – 08:00pm** **DINNER**

**Saturday May 6th**

**Session Chairperson: Prof. Nigel Harris**  
**Lupus: The Caribbean Experience**

**07:30 – 08:30am** REGISTRATION

<b>08:00 – 08:30am</b>	Metabolic Syndrome in Urban Jamaican Patients with Lupus	Dr. Keisha Maloney <i>Jamaica</i>
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<b>08:30 – 09:00am</b>	Lupus Nephritis: An Overview	Dr. Nouaf Ajubi <i>Curaçao</i>
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<b>09:00 – 9:30am</b>	How to Increase Survival in Black Patients with Lupus Nephritis: The Martiniquan Experience	Dr. Christophe Deligny <i>Martinique</i>
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**Saturday May 6th cont.**

**Session Chairperson:** Prof. Nigel Harris

**Lupus: The Caribbean Experience**

**09:30 – 10:00am**

Interesting Cases in SLE: The  
Barbadian Perspective

Dr. Cindy Flower  
*Barbados*

**10:00 – 10:20am**

**COFFEE BREAK**

**10:20 – 11:05am**

Keynote Speaker  
New Topics in Lupus

Prof. Michelle Petri  
*USA*

**11:05 – 12:00pm**

Workshop: Shared Care for  
Lupus in the Caribbean

Dr. Cindy Flower  
*Barbados*

**12:00 – 01:00pm**

**LUNCH**

**Session Chairperson:** Dr. Robert deLannoy

**Rheumatology for the Non-Rheumatologist:**

**What You Need to Know about Common Rheumatic Diseases**

**12:30 – 01:00pm**

**REGISTRATION**

**01:00 – 01:30pm**

Assessment of the Patient with  
Rheumatic Disease

Dr. Raj Carmona  
*Canada*

**01:30 – 01:50pm**

Rheumatoid Arthritis

Prof. Grace Wright  
*USA*

**01:50 – 02:10pm**

Gout and Other Crystalline  
Arthropathies

Dr. J. Steuart Richards  
*USA*

**02:10 – 02:25pm**

**MINI TEA BREAK**

**02:25 – 02:45pm**

Inflammatory Back Pain

Dr. Raj Carmona  
*Canada*

**02:45 – 03:05pm**

Lupus

Dr. Cindy Flower  
*Barbados*

**03:05 – 03:15pm**

Closing Remarks

Dr. Nagy Bakir  
*Curaçao*

**03:15 – 4:15pm**

**CAR Annual General Meeting and Raffle of Jade  
Mountain**



## CAR presents Distinguished Award to Prof. E. Nigel Harris



**Professor Eon Nigel Harris** served as Vice Chancellor of the University of the West Indies (UWI) from October 1, 2004 to April 30, 2015 and on his retirement was named Vice Chancellor Emeritus. A Guyanese by birth, Professor Harris now serves as Chancellor of the University of Guyana. Professor Harris graduated magna cum laude, Phi Beta Kappa from Howard University, with a degree in Chemistry and proceeded on a fellowship to Yale University, where he received a

Master of Philosophy degree in Biochemistry.

He earned his medical degree from the University of Pennsylvania, completing this within three years and again graduating with honours. He then returned to the Caribbean where he completed his residency in internal medicine at the University of the West Indies at Mona and was awarded the post-graduate degree, Doctor of Medicine (DM). He is internationally known for his work as a Rheumatologist. With Doctors Aziz Gharavi and Graham Hughes in London, he helped to define a disorder which they called the Antiphospholipid Syndrome and devised a diagnostic test (the anticardiolipin test) for it. For this work he shared with Dr Graham Hughes, Dr Aziz Gharavi and others, the Ceiba-Geigy Prize. Over 150 papers, editorials, reviews and chapters on this subject have been published by Professor Harris. He joined the University of Louisville, Kentucky, in 1987 and by 1993 became Professor of Medicine and Chief of the Division of Rheumatology. There he launched the Antiphospholipid Standardisation Laboratory, which leads worldwide efforts in standardisation of the anticardiolipin test and distributing these standards to over 500 laboratories worldwide. He was one of the initial organizers of a series of International Conferences on Antiphospholipid Antibodies, beginning in 1984 and held every two years since in Europe, Jamaica, the USA and Japan.

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## Acknowledgments

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On behalf of Dr. Nagy Bakir and the planning committee of CAR 2017, we would like to express our sincerest gratitude to the staff of Renaissance Curacao, the staff of SMTC, our sponsors and especially to NASHKO and Ms. Ella Engelhardt for working with us to make this meeting in Curacao come to fruition.

We would like to specially thank all our dedicated speakers for sacrificing time from busy schedules and travelling great distances to share the different experiences and knowledge in a field that we all share a passion. Thank you to our attendees for the support!

To keep up to date on changes and our next CAR meeting in 2018, please check our website: [www.caribrheum.org](https://www.caribrheum.org)

Kind regards,  
CAR Executive Committee and Board of Directors